

# NOURISHING RITUALS WITH THE USE OF SOFT PACK BED

An incredibly pleasant Soothing Ritual. Choose your favorite fragrance and experience it to the fullest. The treatment begins with a sugar scrub that intensely moisturizes and smooths the skin. Next, your body will be enveloped in naturally nourishing oils immersed in intensely aromatic shea butter. The relaxation will culminate with a regeneration session on the pleasantly warm water bed. Additionally, the time spent relaxing on the Soft Pack is enhanced with aromatherapy.

Choose your favorite fragrance note:

WATERMELON CHOCOLATE MANGO GREEN TEA

80 min. 280 zł

#### **SOFT PACK**

The Soft-Pack water bed is an innovative spa treatment that provides a deep sense of relaxation and exceptional comfort. It is a method that allows for full muscle relaxation and mental calmness, creating the sensation of floating in a weightless state.

How does the Soft-Pack water bed work?

During the treatment, the person lies on a special bed filled with warm water, without direct contact with it. A gentle membrane envelops the body, allowing for a pleasant feeling of being wrapped and immersed in warm water. The temperature is adjusted to individual needs, further enhancing the relaxation and calming process.

session 30 min. 130 zł session 30 min. 80 zł

\*For any body massage of your choice



# **PEELINGS**

### **EXFOLIATING SOAP FOAM MASSAGE**

Immerse yourself in a wonderful, gently exfoliating foam made from Savon Noir soap with black olives. Discover a new kind of relaxing scrub from the Far East. The exfoliation is performed using a special Kessa glove.

30 min. 220 zł do masażu 180 zł

## **SUGAR SCRUB**

Intensively exfoliating, leaving a feeling of smoothness and skin hydration. It leaves the skin exceptionally soft and beautifully fragrant.

25 min. 190 zł do masażu 150 zł

#### **HERBAL SCRUB based on Karkonosze herbs**

Natural skin cleansing using our local, healing herbs. Your skin will become velvety smooth, and your body will be gently soothed by the natural gifts from the Karkonosze meadows and forests.

25 min. 180 zł do masażu 130 zł



# HYDRO MASSAGE BATHS

### MILK CARE BATH

The famous Cleopatra's bath – hydrates, soothes, and smooths irritated skin.

20 min. 180,-

# **BEER BATH**

It's not just relaxation and tasting. The natural ingredients in beer treat fungal infections, prevent migraines, and support weight-loss diets. Beer bath improves the appearance and tone of the skin.

20 min. 180,-

## **WINE BATH**

Exceptionally relaxing, rich in valuable healthenhancing ingredients with antioxidant properties and soothing effects on the nervous system. The state of bliss is enhanced with a wine tasting.

20 min. 180,-

# THERAPEUTIC SALT BATH

The most effective medicinal bath used in rheumatic, dermatological, gynecological diseases, post-traumatic movement disorders, vascular and respiratory system diseases.

20 min. 130,-